

School Dance Styles

Ecole de Danse

CONTRA CHAOS

Count: 56 Wall: 2 Level: Intermediate

Choreographer: Mark Furnell (UK) & Chris Godden (UK) - April 2025

Music: La Bamba (bongo mix) - Monkey Circus

Intro: 48 Counts, Start at approx 35 secs

Note: Dance can be danced in contra two lines facing each other

SEC 1 Vine, 3 Count Jazzbox, Cross Shuffle

1-2-3 Step right to right, step left behind right, step right to right

4-5-6 Cross left over right, step right back, step left to left

7&8 Cross right over left, step left beside right, cross right over left

SEC 2 Vine, 3 Count Jazzbox, Shuffle

1-2-3 Step left to left, step right behind left, step left to left

4-5-6 Cross right over left, step left back, step right to right

7&8 Step left forward, step right beside left, step left forward

SEC 3 Walk x3, Hold, ½ Heel Bounces

1-2 Step right forward, step left forward

3-4 Step right forward, hold

5-6 Turn ½ left bounce both heels, turn ½ left bounce both heels (9:00)

7-8 Turn ½ left bounce both heels, turn ½ left bounce both heels transferring weight on to left (6:00)

SEC 4 Side Rock, Weave, Side Rock, Weave

1-2 Rock right to right, recover weight on to left

3&4 Step right behind left, step left to left, cross right over left

5-6 Rock left to left, recover weight on to right

7&8 Step left behind right, step right to right, cross left over right

Please note that all hold in the next sections can be replaced with a clap

SEC 5 Side, Hold, Ball Side, Hold, Together, ¼ Step, Step, ¾ Pivot, Side

1-2 Step right to right, hold clap hands

&3-4 Step left beside right, step right to right, Hold clap hands

&5-6 Step left beside right, turn ¼ right step right forward, step left forward (9:00)

7-8 Pivot ¾ right transferring weight onto right, step left to left (6:00)

Cathy MERIOT - Choréographe / Instructor

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SEC 6 Weave, Jump Forward, Hold, Jump Forward, Hold

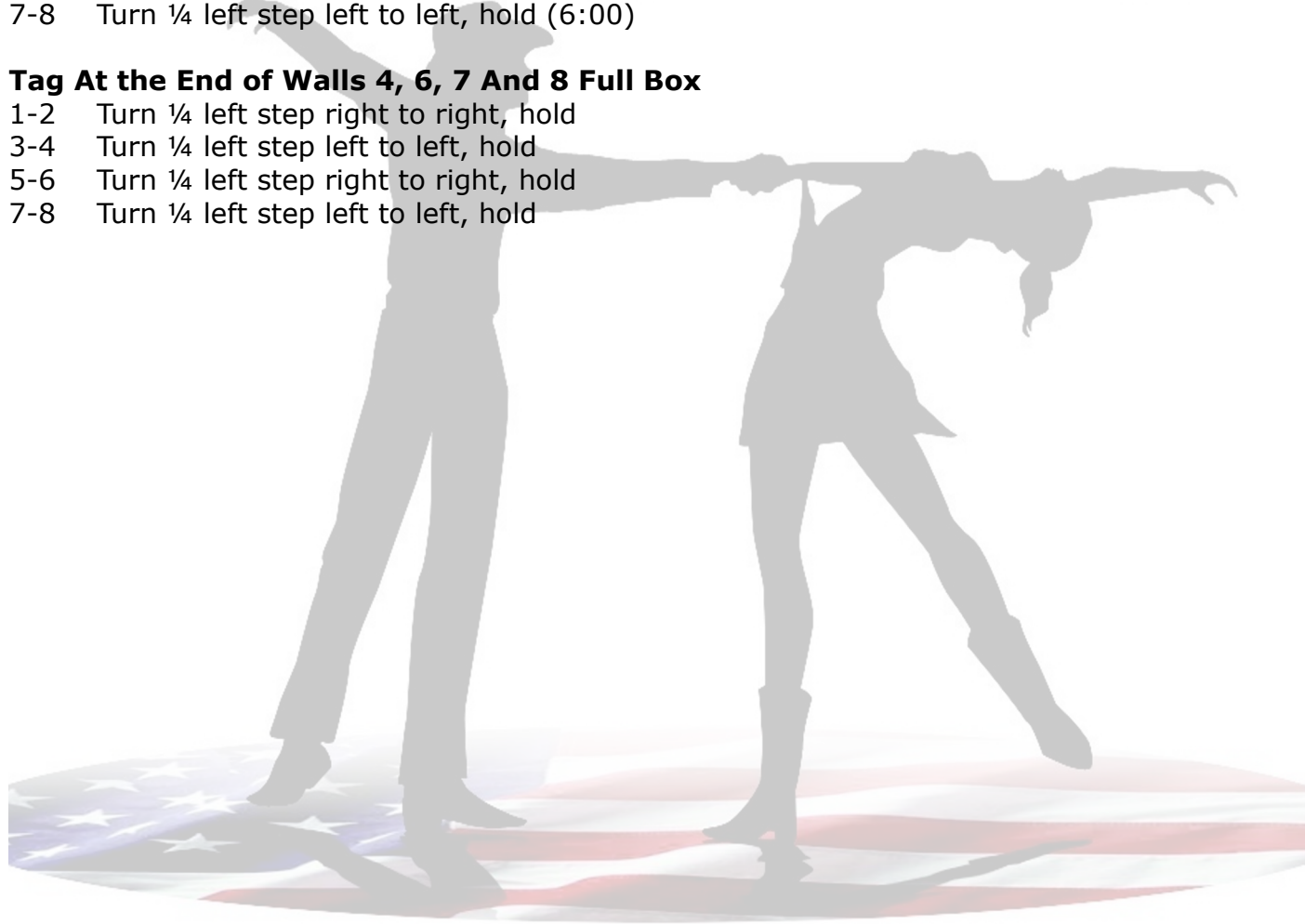
- 1-2 Step right behind left, step left to left
- 3-4 Cross right over left, step left to left
- &5-6 Step right forward, step left to left, hold
- &7-8 Step right forward, step left to left, hold

SEC 7 Full Box

- 1-2 Turn $\frac{1}{4}$ left step right to right, hold (3:00)
- 3-4 Turn $\frac{1}{4}$ left step left to left, hold (12:00)
- 5-6 Turn $\frac{1}{4}$ left step right to right, hold (9:00)
- 7-8 Turn $\frac{1}{4}$ left step left to left, hold (6:00)

Tag At the End of Walls 4, 6, 7 And 8 Full Box

- 1-2 Turn $\frac{1}{4}$ left step right to right, hold
- 3-4 Turn $\frac{1}{4}$ left step left to left, hold
- 5-6 Turn $\frac{1}{4}$ left step right to right, hold
- 7-8 Turn $\frac{1}{4}$ left step left to left, hold



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